

OCTOBER 2021

COLUMBIA HIGH SCHOOL MENU

Monday

Tuesday

Wednesday

Thursday

Friday

DAILY ENTREES:

MONDAY - TUNA SALAD

TUESDAY - CHICKEN SALAD

WEDNESDAY - CHEF SALAD

THURSDAY - CHICKEN TENDER SALAD

FRIDAY - GRILLED CHICKEN SALAD

ENRICHMENT DAY 1

Pizza
Corn
Apple
Milk

ENRICHMENT DAY 4

Cheeseburger
French Fries
Fruit Juice
Milk

ENRICHMENT DAY 5

Fish Sandwich
Chips
Baby Carrots
Applesauce Pouch
Milk

FALL BREAK

FALL BREAK

FALL BREAK

Corn Dog
Chips
Baked Beans
Veggie Juice
Pears/Apple Slices
Milk

Cheesy Chicken w/ Rice
Broccoli
Butter Beans
Roll
Pineapple/Fruit Freeze
Milk

Mac & Cheese w/ Ham
California Veggies
Carrots w/ Dip
Applesauce/Oranges
Milk

Cheesy Burger Bake
Garlic Bread
Green Beans
Peaches/Raisels
Milk

Chicken Tenders
Mashed Potatoes
Pinto Beans
Roll
Fruit Juice/Grapes
Milk

Beef Stroganoff over Rice
California Veggies
Black Eyed Peas
Garlic Toast
Pineapple/Apples
Milk

Cheesy Breadstick w/ Chili
Corn
Glazed Carrots
Peaches/Fruit Slush
Milk

Spaghetti
Garlic Toast
Green Beans
Applesauce/Tropical Fruit
Milk

Chicken Nuggets
Cheesy Broccoli
Potatoes Au Gratin
Roll
Pears/Grapes
Milk

Cheeseburger
Potato Salad
Baked Beans
Fruit Juice/Raisels
Milk

Southwest Dip and Chips
Pinto Beans
Broccoli
Peaches/Apple Slices
Milk

Red Beans & Rice
Southern Greens
Yams
Cornbread
Juice/Pineapples
Milk

Breaded Chicken Sandwich
Sweet Potato Fries
Coleslaw
Applesauce/Tropical Fruit
Milk

Hamburger Steak w/ Gravy
Mashed Potatoes
Green Beans
Roll
Fruit Slush/Pears
Milk

Hot Dog
French Fries
Corn on Cob
Mandarin Oranges/Banana
Milk

BREAKFAST

MONDAY: Pop-Tarts, Apple, Juice, Milk

TUESDAY: Chocolate Chip Muffin, String Cheese, Juice, Milk

WEDNESDAY: Sausage Biscuit, Raisins, Juice, Milk

THURSDAY: Mini Cinnis, Applesauce Pouch, Juice, Milk

FRIDAY: Donuts, Banana, Juice, Milk

