

OCTOBER 2021

Columbia School District Pre-K – 8 Menu

Monday

Tuesday

Wednesday

Thursday

Friday

ENRICHMENT DAY 4

Cheeseburger
French Fries
Fruit Juice
Milk

ENRICHMENT DAY 5

Fish Sandwich
Chips
Baby Carrots
Applesauce Pouch
Milk

FALL BREAK 6

FALL BREAK 7

FALL BREAK 8

ENRICHMENT DAY 1

Pizza
Corn
Apple
Milk

11
Corn Dog
Chips
Veggie Juice
Pears
Milk

12
Cheesy Chicken w/ Rice
Broccoli
Roll
Pineapple
Milk

13
Mac & Cheese w/ Ham
California Veggies
Applesauce
Milk

14
Cheesy Burger Bake w/ Tots
Garlic Bread
Green Beans
Peaches
Milk

15
Chicken Tenders
Mashed Potatoes
Black Eyed Peas
Roll
Fruit Juice
Milk

18
Beef Stroganoff over Rice
California Veggies
Garlic Toast
Pineapple
Milk

19
Cheesy Breadstick w/ Chili
Corn
Peaches
Milk

20
Spaghetti
Garlic Toast
Glazed Carrots
Applesauce
Milk

21
Chicken Nuggets
Cheesy Broccoli
Roll
Pears
Milk

22
Cheeseburger
Baked Beans
Fruit Juice
Milk

25
Southwest Dip and Chips
Corn
Peaches
Milk

26
Red Beans & Rice
Southern Greens
Cornbread
Juice
Milk

27
Breaded Chicken Sandwich
Sweet Potato Fries
Applesauce
Milk

28
Hamburger Steak w/ Gravy
Mashed Potatoes
Green Beans
Roll
Fruit Slush
Milk

29
Hot Dog
Chips
Baked Beans
Mandarin Oranges
Milk

BREAKFAST

MONDAY: Pop-Tarts, Apple, Juice, Milk

TUESDAY: Chocolate Chip Muffin, String Cheese, Juice, Milk

WEDNESDAY: Sausage Biscuit, Raisins, Juice, Milk

THURSDAY: Mini Cinnis, Applesauce Pouch, Juice, Milk

FRIDAY: Donuts, Banana, Juice, Milk

